



# The Northwest Catholic Counseling Center

*Serving all regardless of faith or finances*

## How to Use Google Meet

**Disclaimer:** *Please be patient with us and with yourselves as we all navigate this technology together!*

Your therapist will send you an email with the link to the video session. The email also includes a phone number if you all choose to call in for a phone session (you will need to type in the PIN number next to the phone number when prompted).

Invitation: Therapy Session @ Thu Jul 23, 2020  
gmail.com) > Inbox x

2:57 PM (0 minutes ago) ☆ ↶ ⋮

**Therapy Session**  
View on Google Calendar

When Thu Jul 23, 2020 (PDT)  
Who

Yes Maybe No More options

**Agenda**  
Thu Jul 23, 2020  
No earlier events  
All day Therapy Session  
No later events

You have been invited to the following event.

**Therapy Session**

When Thu Jul 23, 2020 [more details »](#)

Joining info

Join with Google Meet  
[meet.google.com/pne-sixx-hag](https://meet.google.com/pne-sixx-hag)

Join by phone  
+1 413-276-7505 (PIN: 508066682)  
[More phone numbers](#)

There are a few ways to join the meeting, but the easiest way is to go to the email your therapist sent you and click on the link in the email (e.g. [meet.google.com/pne-sixx-hag](https://meet.google.com/pne-sixx-hag)).

For other ways to join the meeting, [click here to view Google Meet's Cheat Sheet](#).

*A State Certified Counseling Agency  
Donations are tax-deductible. Tax ID 93-1088962  
No goods or services were exchanged for this donation*

8383 N.E. Sandy Boulevard, Suite 205 • Portland, Oregon 97220 • 503.253.0964

[www.nwcounseling.org](http://www.nwcounseling.org)

When you are in the meeting, you can customize video settings, interact with participants, or share your screen. The most important tools for therapy are the microphone, the camera, and leaving the meeting:

